

Radical Resilience in 2021

A profound springing back into shape, radical resilience is a deliberate, conscious choice, and therein lies its power. Radical Resilience is about actively choosing how we react in any given situation, and especially those circumstances that shake us to our core.

Today's Leader exists in a perfect storm of change. Increasing demand for true governance and transparency, crisis management in a world of COVID-19, social media, global geopolitical unrest, a changing workforce, relentless change and accelerating technology. Managers once valued for overseeing steady, slowly-evolving corporate bureaucracies are now faced with increasingly irrelevance in a globally connected marketplace characterised by rapid change. Reinvention in the face of fast continuous change and complexity requires a different breed of Leader. One who is self-aware, a skilled communicator with high EQ, who can cut through to core issues and frame strategy intelligently and then ask the right questions.

The **Radical Resilience** seminar focusses on improving leadership knowledge and skills in changing key mindsets about the neuroscience of leadership, stress, burnout, resilience and change. The interactive format encourages self-assessment and personal agency in promoting self-care and wellbeing throughout the organisation by modelling healthy behaviours and mindsets from the "top down".