



LEADING WITH EMOTIONAL INTELLIGENCE

LEARN SPECIFIC STRATEGIES FOR ENHANCING AND MANAGING YOUR EMOTIONAL INTELLIGENCE

Understand what emotional intelligence really is and practice applications for leveraging EQ in a leadership role.

Course date /
Wednesday 30 August 2023

Delivery /
1 Day face-to-face

Duration /
9.30am - 4.30pm

Who should attend /
Those in mid or higher-level leadership roles who already have substantial leadership skills and experience

Investment /
Members \$663.64 + GST = \$730.00
Non - Members \$763.64 + GST = \$840.00

Overview

Effective leaders today typically have high IQs, extensive education, years of experience, and deep knowledge in their fields. As valuable as these skills and abilities are, none of these factors help predict who will be successful as a leader and who won't.

What more is needed? The answer is "emotional intelligence," or EQ as it's commonly called, a concept that has been around for years and is still not widely understood. Research in the EQ field has found that EQ is the *single biggest predictor of performance in the workplace* (it accounts for 58% of performance in all types of jobs!) and the strongest driver of leadership and personal excellence. Furthermore, there is no known connection between IQ and EQ – you can't predict EQ based on how smart someone is. But here is the really good news- while IQ is basically fixed at birth, a high EQ can be developed even if you aren't born with it.

This interactive Masterclass will help you to understand what emotional intelligence really is, learn specific strategies for enhancing and managing your EQ, and practice applications for leveraging EQ in a leadership role.

Outcomes you can expect

- ∴ Explore what emotional intelligence is and why it is important to effective leadership.
- ∴ Identify situations that bring out the worst in you and discuss strategies to help manage behaviours that could damage or derail your career.
- ∴ Learn specific strategies for more effectively dealing with difficult people and conflict situations.
- ∴ Reframe the self-talk that gets in your way and can negatively influence your decisions and actions.
- ∴ Enhance your EQ to inspire and coach others through the uncertainty of change initiatives.
- ∴ Create an action plan for further developing your EQ skills.



About Local Government Professionals Australia, SA

Local Government Professionals Australia, SA is a not-for-profit member based association representing professionals working in local government in South Australia. We have the ability to link and connect people from different councils who may not otherwise form relationships or share with each other. Our high quality professional development programs and networking events are uniquely local government – reflective of the culture of the sector and sensitive to the needs of its professionals. The content of our events and programs are informed by our members and people who genuinely care about the sector. We provide a safe and supportive environment in which to grow and learn while creating opportunities to make time away from the office to work on the business or on self. We award and acknowledge achievements of excellence.

Developed by the sector, for the sector

All proceeds from our programs are directly reinvested to further develop the local government sector through continued support of professional networks, events and learning and development initiatives for local government professionals.



More Information

Please contact Eve Jackson, Training Support Officer on eve@lgprofessionalsa.org.au or **08 8224 2092** for further information on this program.

This program is open to registrations from LG Professionals SA members, council employees and employees of regional subsidiaries.

A cancellation policy applies. Please view at: www.lgprofessionalsa.org.au/Governance-and-Policies

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Program Facilitator

Dr Barry Bales

Dr Barry Bales, PhD is a Director of Uncharted Leadership in the USA. He is intrigued by what enables people to be successful in leadership roles. Previously, he was Assistant Dean for Professional Development at the LBJ School of Public Affairs, the University of Texas at Austin. He holds a faculty position as Clinical Professor in the School's Executive Master in Public Leadership Program. Barry is a frequent speaker in the areas of leadership and systems thinking and has taught, consulted with, and coached leaders and executives in fifteen US states and nine foreign countries. His PhD is in Adult and Human Resource Development Leadership from the University of Texas at Austin.